

# Mental Health Conference

## 22nd September 2020

The Sixth Form Colleges Association is pleased to offer a one-day digital conference addressing mental health and emotional wellbeing in colleges.

The conference will consist of three distinct sessions and each one, led by a field-leading expert, will provide guidance and information on a different aspect of student and staff wellbeing in the context of COVID-19.

The conference is suitable for teachers and leaders at all levels, and for student counselors and pastoral staff.

### Programme

Session One	
10:30-11:15	<p><b>The Human Wisdom Programme</b></p> <p>Dr. Manoj Krishna, Human Enquiry Project</p>
Session Two	
12.00-12.45	<p><b>Staff wellbeing and mental health</b></p> <p>Sinéad Mc Brearty, Chief Executive Officer, Education Support</p>
Session Three	
14.00-14.45	<p><b>How to support the mental health of your students</b></p> <p>Shelly Masters, Learning and Development Manager, Minds Ahead</p>